

# WOMEN IN MEDICINE SUMMIT

SEPTEMBER 20 & 21 2019

The Drake 140 E Walton Pl Chicago, IL 60611

Transform the System: Eliminate the Gap

Visit our website: www.womeninmedicinesummit.org

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# WOMEN IN MEDICINE SUMMIT AN EVOLUTION OF EMPOWERMENT

#### COURSE DIRECTORS

Shikha Jain, MD, FACP
Assistant Professor of Medicine
Division of Hematology
Oncology & Cell Therapy
Physician Director of Media Relations
Rush University Cancer Center

Mamta Swaroop, MD, FACS
Associate Professor of Surgery
Director, Center for Global Surgery
Institute for Global Health
Division of Trauma & Critical Care
Northwestern University

#### **SPONSORS**















Barriers have existed for female physicians since the first woman was accepted into medical school. In 2016, nearly 46% of medical school graduates were women, yet women physicians remain underrepresented in leadership roles, both in and out of academia.

The focus of this summit is to identify barriers women physicians face in the medical field and create action plans that can be executed at both the local and national level. During the two-day summit, we will facilitate breakout sessions and presentations given by diverse women from various specialties and institutions to deliver evidence-based talks and present tools and solutions to be utilized in working towards fixing the system and closing the gender gap across all specialties. We want to empower women physicians with the tools they need towards changing the system at their home institutions and in their specialty specific organizations.

This summit will be planned and executed by a steering committee comprised of physicians from each of the major academic institutions in Chicago, with endorsements from local and national organizations.

The Summit is a unification of women physicians, with the common goal of finding and implementing solutions to gender inequity.

# PROGRAM INFORMATION

#### **EDUCATIONAL OBJECTIVES:**

At the conclusion of this activity, participants should be better able to:

- 1. Advocate for the advancement of women in medicine;
- Cite evidence-based data and peer reviewed studies relating to gender equity, equality and implicit bias;
- **3.** Identify impostor phenomenon, describe and implement strategies to overcome this phenomenon;
- Recognize barriers existing for women physicians and create constructive solutions to be implemented for systemic change;
- Develop leadership skills for career development and tools to help create programming at other institutions;
- Describe the differences between sponsorship, mentorship, coaching and the utility of each.

#### **ACCREDITATION/DESIGNATION**

Rush University Medical Center designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

In support of improving patient care, Rush University Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

# **ORUSH**

#### EDUCATIONAL GRANTS/ COMMERCIAL SUPPORT

A complete listing of commercial support received will be provided in the conference materials.

#### **FACULTY DISCLOSURE**

As a provider accredited by the ACCME Rush University Medical Center asks everyone who is in a position to control the content of an education activity to disclose all relevant financial relationships with any commercial

interest. This includes any entity producing, marketing, re-selling, or distributing health care goods or services consumed by or used on patients. The ACCME defines "relevant financial relationships" as financial relationships in any amount occurring within the past 12 months, including financial relationships of a spouse or life partner that could create a conflict of interest. Mechanisms are in place to identify and resolve any potential conflict of interest prior to the start of the activity.

# UNAPPROVED USES OF DRUGS/DEVICES

In accordance with requirements of the FDA, the audience is advised that information presented in this continuing medical education activity may contain references to unlabeled or unapproved uses of drugs or devices. Please refer to the FDA approved package insert for each drug/device for full prescribing/utilization information.

#### **CANCELLATION POLICY**

Cancellations must be made in writing to support@meetingachievements.com.
The paid registration fee, minus \$50, will be refunded if cancellation is received by August 21, 2019.

#### **KEYNOTE SPEAKERS**

#### Pauline Rose Clance, PhD, ABPP

Professor Emerita Psychology Georgia State University

An innovative illuminator of the Imposter Phenomenon

#### Julie Silver, MD

Associate Professor Physical Medicine and Rehabilitation Harvard Medical School

A trailblazing visionary of gender equity

#### SPEAKERS

#### Neelum Aggarwal, MD

Associate Professor Rush University Medical Center

#### Vineet Arora, MD, MAAP

Professor of Medicine Assistant Dean for Scholarship and Discovery Associate Chief Medical Officer. Clinical Learning Environment University of Chicago

#### Laurie Baedke, MHA, FACHE, FACMPE

Instructor Director of Healthcare Leadership Programs Heider College of Business Creighton University

#### Rachel Caskey, MD, MAPP

Associate Professor of Medicine Pediatrics Division Chief, Academic Internal Medicine and Geriatrics UIC College of Medicine

#### Dana Corriel, MD

Assistant Professor Pearl River Internal Medicine Director of Quality for Highland Medical, P.C.

#### Catherine DeVries, MD, MS

Professor of Surgery (Urology) and Associate Professor of Family Medicine (Public Health) University of Utah School of Medicine Past Director, University of Utah Center for Global Surgery

#### Sheila Dugan, MD

Professor of Medicine and Rehabilitation Department of Physical Medicine and Rehabilitation Rush University Medical Center

#### Alison Escalante, MD

Writer and fellow of the American Academy of Pediatrics

#### Patricia Finn, MD

Earl M. Bane Professor Chair Associate Dean, College of Medicine Strategic Initiatives Department of Medicine University of Illinois at Chicago

#### Sherine Gabriel, MD, MSc

President, Rush University

#### Jessica Gold, MD, MS

Assistant Professor Department of Psychiatry Washington University in St Louis School of Medicine

#### Caprice Greenberg, MD, MPH, FACS

Professor of Surgery University of Wisconsin Hospital and Clinics

#### Alton B. Harris, JD

Adjunct Professor of Law Northwestern University Law School Adjunct professor in the Graduate Program in Financial Services Law IIT - Chicago Kent College of Law Nixon Peabody

#### Andrea Kramer, JD

Attorney and Partner McDermott Will & Emery

#### Omar Lateef, DO

Chief Executive Officer Rush University Medical Center

#### Howard Liu, MD

Director, Behavioral Health Education Center of Nebraska

#### Christine Malcolm

Salt Creek Advisors CEF Executive Director and Ex Officio Board Member Principal, Salt Creek Advisors LLC

#### Isobel Marks, MBBS, MA

Academic Foundation Trainee London, United Kingdom

#### Victoria Medvec, PhD

Professor Kellogg School of Management Founder, Medvec & Associates

#### Elizabeth Metraux

Founder of Women Writers in Medicine

#### Treasa Moran

Financial Advisor Morgan Stanley

#### Karen J. Nichols, DO, MA, MACOI, CS

Midwestern University and Chicago College of Osteopathic Medicine

#### Tochukwu Okwuosa, DO

Associate Professor Cardiovascular Disease Rush University Medical Center

#### Cheryl Pritlove, PhD (c)

Research Scientist Applied Health Research Centre St. Michaels Hospital

#### Karen Remiev, MD, MBA, MPH, FAAP

Senior Fellow Beaumont Foundation

**Selwyn Rogers, MD, MPH, FACS** Professor of Surgery Chief, Section for Trauma and Acute Care Surgery Founding Director, Trauma Center Executive Vice President for Community Health Engagement University of Chicago

#### Arghavan Salles, MD, PhD

Assistant Professor Department of Surgery Washington University School of Medicine in St. Louis

#### Dinee Simpson, MD

Assistant Professor of Surgery (Organ Transplantation) Northwestern University Feinberg School of Medicine

#### Michael Sinha, MD, JD, MPH

Research Fellow Harvard-MIT Center for Regulatory Science

#### Katherine Tynus, MD, FACP

Clinical Associate Professor of Medicine Northwestern University Feinberg School of Medicine

#### Thomas Varghese, MD, MS

Associate Professor Department of Surgery University of Utah School of Medicine

#### Monica Vela, MD

Professor of Medicine Associate Dean for Multicultural Affairs, Pritzker School of Medicine University of Chicago

#### April Walkup

Attorney

#### Michaela West, MD

Adjunct Professor University of Minnesota

### AGENDA

FRIDAY, SEPTEMBER 20

8:00am WELCOME

Shikha Jain, MD, FACP

Mamta Swaroop, MD, FACS

8:20am KEYNOTE ADDRESS

**Gender Equity, Overcoming Barriers** 

Julie Silver, MD

9:00am **Q&A** 

9:05am **Gender Disparities and Advocacy:** 

Unconventional Avenues #SoMe

Dana Corriel, MD

9:35am **Q&A** 

9:40am Negotiation and Self Advocacy

Victoria Medvec, PhD

10:10am **Q&A** 

10:20am BREAK AND EXHIBITS

10:40am **Stop Fixing Women** 

Caprice Greenberg, MD, MPH, FACS

11:00am **Q&A** 

11:05am PANEL: #HeforShe, Men Who

**Champion Women** 

Thomas Varghese, MD, MS; Omar Lateef, DO; Howard Liu, MD; Michael Sinha, MD, JD, MPH;

Selwyn O. Rogers, MD, MPH, FACS

11:35am **Q&A** 

1:00pm

12:00pm From NEJM to The New York

Times: Writing for Publication and Career Advancement

Abstract Session

**BREAKOUT SESSION 1** 

Meet with an Expert

Fake It Til You Make It:
Positioning Yourself for Power

Caprice Greenberg, MD, MPH, FACS

Financial Health for Women

Treasa Moran

Finding a Way in Medicine/Work Life Integration: pregnancy, elder care,

children, family planning

Alison Escalante, MD

Finding Your Leadership Style

Karen J. Nichols, DO, MA, MACOI, CS

**How to Use Social Media** 

Dana Corriel, MD

Sexual Harassment

April Walkup; Arghavan Salles, MD, PhD;

Jessica Gold, MD, MS

Advocacy Through Engagement:
Advancing Health Policy at the Local,

Regional and National Level

Michael Sinha, MD, JD, MPH; Katherine Tynus, MD, FACP

1:00pm YOUNG FACULTY/TRAINEES

MENTORSHIP SESSION

2:00pm BREAKOUT SESSION 2

Fake It Til You Make It:

**Positioning Yourself for Power** Caprice Greenberg, MD, MPH, FACS

**Financial Health for Women** 

Treasa Moran

Finding a Way in Medicine/Work Life Integration: pregnancy, elder care,

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Regional and National Level

Michael Sinha, MD, JD, MPH; Katherine Tynus, MD, FACP

3:00pm BREAKOUT SESSION 3

Fake It Til You Make It:
Positioning Yourself for Power

Caprice Greenberg, MD, MPH, FACS

**Financial Health for Women** 

Treasa Moran

Finding a Way in Medicine/Work Life Integration: pregnancy, elder care,

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Finding Your Leadership Style

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**How to Use Social Media** 

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**Sexual Harassment** 

April Walkup; Arghavan Salles, MD, PhD;

Jessica Gold, MD, MS

Advocacy Through Engagement:
Advancing Health Policy at the Local.

Regional and National Level

Michael Sinha, MD, JD, MPH; Katherine Tynus, MD, FACP

4:00pm Discussion of Breakouts

5:30pm NETWORKING RECEPTION AND

**COCKTAIL RECEPTION** 

#### **SATURDAY, SEPTEMBER 21**

8:00am WELCOME

Shikha Jain, MD, FACP Mamta Swaroop, MD, FACS

8:20am KEYNOTE ADDRESS

**The Impostor Phenomenon** Pauline Rose Clance, PhD, ABPP

9:00am **Q&A** 

9:05am PANEL: Looking Back to See Our

Future: How Far We Have Come

Sherine Gabriel, MD, MSc;

Michaela West, MD; Patricia Finn, MD; Catherine DeVries, MD; Dinee Simpson, MD

9:35am **Q&A** 

9:50am BREAK/EXHIBITS

10:10am Leading In: Discover Your Legacy and

**Becoming a Woman of Impact** 

Vineet Arora, MD, MAPP:

Karen Remley, MD, MBA, MPH, FAAP;

Christine Malcolm

11:00am Coaching Session: Making the

**Journey Together** 

Laurie Baedke, MHA, FACHE, FACMPE

12:00pm LUNCH/PRESENTATION OF AWARDS

1:00pm BREAKOUT SESSION 4

Advancing the Mission of Your Women's Committee/Task Force

Sheila Dugan, MD

**Getting Involved in A National** 

Organization

Neelum Aggarwal, MD

Identifying and Overcoming

**Implicit Bias** 

Cheryl Pritlove, PhD (c); Elizabeth Metraux

Medical Student/Resident

**Empowerment** 

Isobel Marks, MBBS, MA

Navigating a Path to Becoming an Expert/Thought Leader

Laurie Baedke, MHA, FACHE, FACMPE

Skill Building (difficult situations,

managing up, coaching)

Andrea Kramer, JD; Alton B. Harris, JD

**Speaker Training** 

Rachel Caskey, MD, MAPP

The Impostor Phenomenon

Pauline Rose Clance, PhD, ABPP

**Breaking Barriers for Diverse Women** Tochukwu Okwuosa, DO, Monica Vela, MD

1:00pm YOUNG FACULTY/TRAINEES

MENTORSHIP SESSION

2:00pm BREAKOUT SESSION 5

Advancing the Mission of Your Women's Committee/Task Force

Sheila Dugan, MD

Getting Involved in A National

Organization

Neelum Aggarwal, MD

**Identifying and Overcoming** 

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**Breaking Barriers for Diverse Women** 

Tochukwu Okwuosa, DO, Monica Vela, MD

2:00pm Discussion of Breakouts

3:00pm **CLOSING REMARKS** 

Preview of Next Year's Event

## **WOMEN IN MEDICINE SUMMIT**

#### AN EVOLUTION OF EMPOWERMENT

#### REGISTRATION FEE

# PHYSICIANS: \$450 INDUSTRY: \$550 FELLOW: \$250 NURSE AND OTHER ALLIED HEALTHCARE PROFESSIONAL \$200

**RESIDENT**: \$200 **LMIC\*\***: \$150

STUDENT VOLUNTEER\*: Complimentary
CHILD REG. FEE: Complimentary

#### **AVAILABLE/OPTIONAL ITEMS**

SPOUSAL ACTIVITIES: \$75.00
CHILD CARE \$10.00
PER HOUR, PER CHILD
FRIDAY & SATURDAY

**LACTATION SUITE- NO CHARGE** 

#### **HOW TO REGISTER**

ONLINE: Please visit

www.WomenInMedicineSummit.org

MAIL: Mail the registration form with a check made payable to Meeting Achievements c/o Women in Medicine Summit 232 E 500 N

Valparaiso, IN 46383

#### FOR MORE INFORMATION

Please contact our planning partners at Meeting Achievements

PHONE: 219.465.1115 FAX: 219.548.8619

EMAIL: wimsummit2019@gmail.com

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<sup>\*</sup>All students must volunteer to help with onsite conference responsibilities. Proof of enrollment is required.

<sup>\*\*</sup>Low-Middle Income Country registrants must submit proof of residence by way of letter from their Department or Institution. Please view <a href="https://bit.ly/2RiXuVU">https://bit.ly/2RiXuVU</a> for the list of countries included. The document can be emailed at the time of registration to <a href="mailto:support@meetingachievements.com">support@meetingachievements.com</a>.

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